

Reclaim your sexual health.

Restore your well-being.

Revive your relationships.

Take back control with

THERMiVa®

ThermiVa® treatments use radiofrequency energy to gently heat tissue to rejuvenate collagen, without discomfort or downtime. A recent study documented multiple benefits for patients who complained about vaginal laxity and other issues associated with vulvovaginal youthfulness and well-being. *

*Alinsod, Red. "Temperature Controlled Radiofrequency for Vulvovaginal Laxity." PRIME, International Journal of Aesthetic and Anti-Ageing Medicine (July 2015): 16-21. Print.

Ask your doctor if ThermiVa
may be right for you.

ThermiVa.com

THERMi

COMPLIMENTARY ISSUE

RADIANT YOU

A WELLNESS MAGAZINE FOR WOMEN

EMOTIONAL EATING

WHY WE DO IT,
AND HOW TO STOP

FIFTY SHADES of the GRAYING VAGINA

TARGETING YOUR BELLY FAT

The Surprising Effects of Poor Posture

MEET
SUSAN LIN, MD



SAN MATEO, CA

Spotlight on



Dr. Susan Lin Empowering Patients to Feel Confident

Dr. Susan Lin grew up in a family of physicians. An excellent student, she discovered her love of biological research early and decided she could accomplish her research goal by becoming a physician. At her practice, MD Laser & Cosmetics Center, in San Mateo, CA, Dr. Lin focuses on using the latest stem cell derived growth factor to restore hair and rejuvenate skin. “MD Laser & Cosmetics Center is where science meets beauty,”

states Dr. Lin. “We understand the latest science. The mission of our practice is to apply this science to help our patients who want to look and feel their best.” At MD Laser & Cosmetics Center patients find a full range of services to empower them to be their personal best. “In Silicon Valley, where we practice,” explains Dr. Lin, “it is important professionally to look young to stay competitive in the job market. However, one needs to also look natural and not look ‘done’. We’re

here to help you look naturally refreshed so you can enjoy the improved confidence that comes from feeling good about your appearance.”

To achieve their mission, the MD Center offers non-surgical facial rejuvenation, including: photo-facials, custom chemical peels, photo-modulation, and silkpeel dermal-infusion. They also offer Botox® Cosmetic, Dysport®, Restylane®, and Juvéderm® injections. Some of the latest scientific anti-aging treatments offered include Platelet Rich Plasma (PRP) rejuvenation for the face, neck, and hands. PRP uses a tiny amount of the patients own blood serum which has been concentrated and reinjected to stimulate healing. Following treatment, skin looks tighter, firmer with a youthful glow. Another state-of-the-art treatment for reduction of fine lines and wrinkles is ThermiSmooth®, a non-invasive radio frequency treatment

which uses gentle heat to tighten tissue and promote collagen production resulting in a refreshed look. Patients often say ThermiSmooth treatment feels like a warm massage. Patients suffering from acne will love the FDA-approved Isolaz treatment which uses light therapy and suction to clean pores, reducing acne, blackheads and pores.

For those clients suffering from hair loss, MD Center is pleased to offer PRP treatments for hair loss. State-of-the-art PRP and growth factor injections provide a new form of hair regenerative medicine. PRP is utilized in conjunction with hair transplant procedures to aid in the healing and recovery, boosting the health and fullness of existing hair. The practice also offers laser hair reduction as well as laser scar treatments.

Looking your best also means eliminating love handles and other signs of excess

pounds. If you have tried diet and exercise plans without success, contact MD Center for help. Their physician supervised HCG (human chorionic gonadotropin) hormone weight loss regimen involves injections of HCG hormone which results in dramatic weight loss.

Feeling your best also means having confidence in your intimate relationships because sadly, aging effects more than just a woman’s face. Many women suffer from vaginal laxity which can interfere with sexual satisfaction, reducing feelings of intimacy and bonding with her partner. Reduced confidence, poorer self-image, and decreased happiness and fulfillment can result. Vaginal muscles sag due to the effects of child bearing, age, and gravity. This excessive muscle relaxation can result in reduced sensation during intercourse and lessen sexual satisfaction for both partners.



The continual search for improved, authentic treatment options that focus on the whole woman, not just her face, led Dr. Lin to ThermiVa®. ThermiVa is an ideal treatment modality for many of the problems plaguing premenopausal and menopausal women such as urinary incontinence, painful intercourse, vulvovaginal laxity, labial appearance, and loss of vaginal lubrication and sensation. ThermiVa produces results which are immediately apparent, with little risk, no pain, and no recovery downtime. ThermiVa is non-surgical and is performed in office. While significant benefits are experienced after a single treatment, a series of three treatments over the course of three months may be necessary to achieve optimum results. “As a board certified gynecologist,” exclaims Dr. Lin, “I LOVE ThermiVa! My patients’ comments sum up the results we’ve seen: ‘I feel alive again’; ‘Thumbs Up’; ‘Best sex I have had!’ and ‘It helped with my urinary leakage.’ ThermiVa allows every woman to look and feel her best without surgery or downtime.”

Dr. Lin wants all her patients to look and feel their best, and they can, with help from MD Center and the latest science has to offer. She recommends “Staying

happy and being with people who have positive energy. It is also important to focus on simple daily regimens that will help you achieve your anti-aging goal, rather than focus on procedures. One can look and feel great easily without spending a fortune or having surgery.” Dr. Lin created MD, a collection of innovative hair, skin and wellness products utilizing the latest anti-aging technology. Since 1991 she has been on a quest for the most advanced breakthroughs in the health and wellness of women, in addition to hair and skin beauty. Dr. Susan Lin’s physician-formulated products are available throughout the US and in dozens of countries worldwide. For additional information on MD products, please visit her website: www.md-factor.com.

To look and feel your very best and maintain that competitive edge in your personal and professional life, visit Dr. Susan Lin today at the MD Laser and Cosmetics Center, 448 North San Mateo Drive, San Mateo, CA 94401. Telephone: 650-340-7546 (SKIN). For additional information, please visit their website at: www.mdlaserandcosmetics.com.

Dr. Lin graduated from Boston University School of Medicine Six-Year Medical Program with a National Institutes of Health Cancer Research Fellowship. She completed her postdoctoral training in Obstetrics and Gynecology at Kaiser Permanente Oakland, Felix Rutledge Oncology Fellowship at MD Anderson Cancer Center and Galloway Fellowship in Gynecologic Oncology at Memorial Sloan Kettering Cancer Center. Dr. Lin was a fellow of American College of Obstetrics and Gynecology, American Board of OB/GYN, American Academy of Anti-Aging Medicine, American Academy of Aesthetic Medicine, American Society for Laser Medicine and Surgery and served as Assistant Clinical Professor of OB/GYN for UCSF School of Medicine. She is a board certified obstetrics-gynecologic surgeon and has been practicing woman’s health, aesthetic and anti-aging medicine in the San Francisco Bay area for 25 years. She currently serves as an Expert Reviewer for the Medical Board of California. She is the founder and president of La Canada Venture Inc., holding the patent for eyelash and hair regeneration technology along with anti-aging skin care and nutraceuticals which are sold in over 24 countries. Dr. Lin is a member of Cell Surgical Network physicians focusing on stem cell regenerative medicine. She serves on the Strategic Board of the McGovern Institute of Brain Research at Massachusetts Institute of Technology and on the Board of Community Gatepath Burlingame, a charity serving children and adults with disabilities. She has also served as a board member of the Boys and Girls Club of the Peninsula for disadvantaged youth. **RYM**